

## Sharp Still as Sharp as Necessary in Winning 40

Long Branch, N.J., Sept. 10—Three weeks after capturing his 16th national title in the 15 Km race in Minnesota, 46-year-old Ray Sharp racked up another in today's National 40 Km. With no one under age 40 to beat, Sharp set off at a blistering pace, built a commanding lead, and then paid the price, struggling home just two minutes ahead of the youngster in the field, 40-year-old Paul Schwartzburg. Ray finished in 3:37:19. His 17 National titles puts him ninth on the all-time list, just one behind Harry Hinkel and Jim Heiring (who won many of his titles at Ray's expense back in the old days). In the women's race, Heidi Hauch got away from Dorit Attias over the final 10 km to win in 4:19:44.

It was Sharp's second national title at the distance—the first coming 24 years ago when he did a 3:27:31. It appeared he set out to better that time today, as he blistered the first 2 -Km lap in 9:14. When he went through 10 Km in 48:16, he was still on a 3:13 pace, but, of course, was slowing already. At that point, he led Schwartzburg and John Soucheck by nearly 7 minutes.

At 20 Km, he was still on a fast schedule, going through 1:40:34, but was starting to feel the effects of his early spurt. But, he had lengthened his lead on the two pursuers to nearly 10 minutes. Leon Jasionowski and Max Walker were together about another 9 minutes back.

As Sharp started to struggle, Schwartzburg was able to maintain and even increase his pace slightly and at 30 Km Sharp had added only a few seconds to his lead, but still seemed completely in command. Soucheck was beginning to drop away in third, and Jasionowski had opened a small margin on Walker. Sharp had enough margin to survive a 63-minute final 10 as Schwartzburg continued his steady pace. Paul finished in 3:39:20 with 10 Km splits of 55:14, 55:04, 54:38, 54:24, a remarkably well-paced effort. Soucheck wasn't far off but he lost nearly 2 minutes to Paul over the final 10. Jasionowski, who pulled well clear of Walker over the final 10, also paced himself very well with negative splits of 59:49, 59:11, 58:36, and 57:42 for a 3:56:08, not bad for a 61-year-old.

In the women's race, Attias led Hauch through 20 Km with splits of 62:00 and 2:05:16. Heidi was 63:26 and 2:06:15. In the third 10, Hauch was able to catch up and lead by 2 minutes at 30 Km. She went on to win by nearly 9 minutes.

The race was held on a mild day—65 degrees at the start and mid 70s by the finish with a cooling breeze throughout. There were 31 starters, but only 13 men and four women finished, with one DQ each for men and women.

One might think Sharp set a record with his 24-year-gap between titles at the same distance. But, no. He did that last month when he won the 15 Km title he had last won in 1980. The results:

Men: 1. Ray Sharp (46) 3:37:19 (48:16, 1:40:34, 2:34:46) 2. Paul Schwartzburg (40) 3:39:20 (55:15, 1:50:18, 2:44:56) 3. John Soucheck 3:41:22 (55:14, 1:50:18, 2:45:28) 4. Leon Jasionowski (61) 3:56:08 (59:49, 3:59:08, 2:58:36) 5. Max Walker (59) 4:06:41 (57:49,

*The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$12.00 per year (\$15.00 outside the U.S.). Editor and Publisher: John E. Jack Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit Street, Columbus, OH 43202. E-mail address is: imortlan@columbus.rr.com. Approximate deadline for submission of material is the 24th of each month.*

1:59:00, 2:59:08) 6. Bob Keating (59) 4:23:57 7. Bill Vayo (41) 4:25:29 8. Tom Quattrocchi (55) 4:30:42 9. John Fredericks (58) 4:34:08 10. Ben Ottmer (72) 5:33:26 11. Pat Bivona (65) 5:34:43 12. Eliot Collins (54) 5:58:43 13. Bob Mimm (81) 6:02:12 DNF (But apparently some, or perhaps, most of these were not planning to go the full distance)—Manny Eisner (65), 30 Km in 4:05:13; John Molendyk (64), 30 Km in 4:16:12; Ron Salvio (57), 28 Km in 3:15:33; Dave Romansky (68), 20 Km in 2:39:41; and Tom Hartman (64), 20 Km in 2:45:21.

Women: 1. Heidi Hauch (46) 4:19:44 2. Dorit Attias (44) 4:28:08 3. Maria Paul (41) 5:15:37 4. Janet Higbie (64) 5:20:51 DNF—Barbara Shimasaki (52), 18 km in 2:31:20; Solomiya Login (26), 10 Km in 54:19; Erin Taylor (29), 10 Km in 54:48; Panse Geer (59), 10 Km in 64:54; Coleen Swanson (27), 10 Km in 77:41; Diana Rado (17) 5 Km in 28:25; and, Pamela Alva (17), 5 Km in 29:30.

The race apparently didn't do a lot for the reputation of U.S. racewalking. Ray Sharp translated a post from a Spanish racewalking group on Yahoo as follows: "A few days ago they race the USA 40 Km Championship (an odd distance, certainly!). Only 14 men and 4 women finished and no one was less than 40 years old. Among the men was one of 81 years! And another of 72 and among the women a 64-year-old. THIS DESERVES SOME CONSIDERATION, WITHOUT A DOUBT!"

Ray himself commented on the race as follows: "Perhaps there is no apter symbol of U.S. racewalking circa 2006 than Bob Mimm, 1960 Olympian a tall, sinewy stork of a man in a faded painter's cap. Sun bunnished and straight as a telephone pole, striding lap by inexorable two-kilometer lap to the end of another national 40 k.

Pushing 80, if not already there by my calculations, Bob's a bonafide member of the dwindling racewalking aristocracy, which was represented Sunday in Long Branch, New Jersey by other living legends, including race director Elliott Denman, sportcaster and track and field enthusiast extraordinaire, and the incredible himself, Dave Romansky—DAVE ROMANSKY!—who cuts a swath through our sport wider even than his outsized personality, powerful frame and prodigious belly.

Some day these demi-gods, even the indomitable Mimm, will follow such titans as Harry Drazin (in attendance at 93 years young) into retirement. Even our Zeus, King Ronald O. Laird, may someday, decades hence, topple from his throne in Ashtabula to join Laskau and Zinn on that great 11-lap banked track in the sky. And when this aged artifact of track and field days of yore, this dinosaur in the age of mammals and birds, this event that peaked with Captain Barclay, walks its last lap, probably in Long Branch or on the Asbury Park boardwalk, who can say but that whatever ghostly whisperings of Racewalk Past remain to haunt this mortal coil may just sink into the tarry marshes and float on the sulphuric vapors of East Jersey, sinking like a chemical orange fireball into the wetlands and pine barrens of the Garden State.

Or maybe racewalking in America is already dead, and we are the ghosts who don't yet realize it, haunted by what was, and what will never be. After all, the youngest finisher of Sunday's 40, an open USATF title race, was 40-year-old Paul Schwartzburg, who made his

last senior team in 1987. Read that sentence again, take your time and let it sink in. The men's title was won by Ray Sharp, Paul's 46-year-old Varsanos Chocolates teammate, winning his second national title in three weeks, and his second 40 Km title in consecutive attempts separated by 24 years. The men's title was so uncontested that Sharp led by 7 minutes after 6 miles and even a last 10 Km that was 15 minutes slower than his first was not slow enough for him to relinquish his lead.

No doubt Mortland will advise us in a couple weeks that this was the slowest winning 40 Km time since Captain Barclay himself won this race on a 110-degree day, dodging horse-drawn carriages down the dirt and sand avenues of Olde Long Branch, back when Thomas Alva Edison was just a boy telegraph operator on the railroad and Menlo Park was all orchards and wood lots.

Yes, we may be ghosts, or ramrod straight octogenarians striding, heads held high, into twilight of a glorious late-summer day, but someday, if we keep on this path, we shall reach the end and our eternal rest, sure as the earth turns on its axis and the Sun sinks into the gloaming."

*(Ed. Ray impresses not only with his racewalking ability as a young man and his continued excellence as he passes through the middle year, but also with the poetry of his expression. And, Ray has saved me the trouble of any pointed comments on the quality of the race, but there have been worse. In reality, Ray can claim only the fourth slowest winning time in the last 18 years, let alone going back to Captain Barclay, or even John Deni. It was only six years ago that Ray's Varsanos teammate, Dave McGovern, then a mere lad of 35 and representing New Balance, won in 3:38:36. And just seven years before that, Gary Null, then well into his master's years, won in 3:44:33. And in 1989, negatively outdoing his self 11 years later, McGovern whipped America's best with a 3:52:34, (Lest we degrade Dave too much, please note that he showed his better side with a 3:28:03 win in 1994, and that the 1989 race was walked in extreme heat.) But, of course, none of this really changes the picture Ray paints, but let us hope it is a bit too gloomy. See more on 40 Km history later in this issue.)*

## 2005 Shore Athletic Club 1 Hour Postal Results

Elliott Denman apologizes for the delay in publishing the results of last year's Postal 1 Hour race, but here they are. The annual affair, in which results from many local races throughout the year are compiled, saw a total of 306 racewalkers in 2005. They represented 46 different clubs and completed a total of 26,073 kilometers or 15,905 miles. That averages to 8521 meters per walker.

Elliott reports four all-time Postal records. Leon Jasionowski with 11,603 meters in the 60-64 category, bettered Max Green's 1991 mark by 33 meters. Jack Starr did 9281 meters in the 75-79 group, besting Howard Channell's 1993 mark of 9278. And Teresa Vaill's 40-44 mark of 12,600 meters added 156 meters to the mark she set in 2003. Finally, in the team category, the Marin women in the 70-79 group (Shirley Dockstader, Patricia McCaron, and Thelma Rugin) covered 21,939 meters for a new mark. The men and women of the Marin Racewalkers, coached by Jack Bray, led in the total number of participants with 34, just ahead of Shore A.C.'s 33. Pegasus was third with 18.

In team scoring, for three person teams, the NYAC women's team of Jolene Moore, Amber Antonia, and Deb Huberty totaled 35,894 meters and the Walk USA women's team of Teresa Vaill, Maria Michta, and Loretta Schuellein totaled 34,553 meters. Both topped the first men's team, the Shore AC squad of John Soucheck, Dave Talcott, and Rich Luettchau,



which covered 34,483 meters. The results:

**Boy's 10-14**—1. Matthew Forgues, Maine RW 10,076 meters 2. Tyler Campbell, Maine RW 9317 3. Lenry Salinas, Elgin Sharks 7031 **Boy's 15-19**—1. Paul Regul, Elgin Sharks 10,824 2. Tim Davidson, Park Walkers; Zach Pollinger, NJ Striders; Jared Swehosky, Salem TC; Roberto Vergara, South Texas; Terran Swehosky, Salem TC; Christopher Diaz, S. Texas; Ricardo Vergara, S. Texas; Ernesto Vergara, S. Texas; and Adrian Jaime, S. Texas, all 10,000 11. Aaron Carroll, Maine RW 9386 **Open Men**—1. Tim Seaman, NYAC 13,600 2. John Nunn, US Army 13,500 3. Alan James, Niagara RW 12,842 4. Ben Shorey, un. 12,800 5. Kevin Eastler, USAF 12,700 6. Matt Boyles, un. 12,500 7. Ray Sharp, Vearsanos Choc. 12,400 8. Theron Kissinger, un. 12,200 9. John Soucheck, Shore AC 12,095 10. Ed Parrot, Florida AC 12,049 11. Dave McGovern, Varsanos Choc. 11,824 12. Mike Tarantino, Walk USA 11,800 13. Leon Jasionowski, Pegasus 11,603 14. Jussi Koski, Park Walkers 11,502 15. Dave Talcott, Shore AC 11,270 16. Kevin Killingsworth, Marin RW 11,227 17. Rich Luettichau, Shore AC 11,118 18. Max Walker, Indiana Walkers 11,084 19. Bill Vayo, Walk USA 10,991 20. Douglas Johnson, RWCSL (St. Louis) 10,883 21. Paul Regul, Elgin Sharks 10,824 22. Norm Frable, Mar 10,813 23. Vince Peters, Miami Valley TC (Ohio) 10,757 24. Richard McGuire, Chicago Walkers 10,751 25. Shoja Torabian, Marin 10,717 26. Adam Staier, Maine RW 10,651 27. Steve Renard, Florida AC 10,630 28. Bob Novak, RW NW 10,608 29. Pedro Santoni, SC Walkers 10,605 30. Pat Detloff, RW NW 10,567 31. Bob Keating, NE Walkers 10,527 32. Rob Frank, RW NW 10,495 33. Mike Counts, Sierra RW 10,459 34. Doug Ermini, Pacific Pacers 10,457 35. James Carmines, PVTC 10,351 36. Bob Head, Indiana Walkers 10,339 37. Ed Fitch, Miami Valley 10,326 38. Damon Clements, Indiana Walkers 10,291 39. Juan Yanes, Florida AC 10,273 40. Joe Berendt, Sierra RW 10,261 41. Erik Litt, Shore AC 10,173 42. Jack Bray, Marin 10,095 43. Michael Roth, Walk USA 10,086 44. Bill Reed, Pegasus 10,079 45. Matthew Forgues, Maine RW 10,076 46. Timothy Good, PVTC 10,042 47. George Opsahl, RW NW 10,033 48. Paul Johnson, Florida AC 10,019 49. Michael Kazimierzczak, Walk USA; Roberta Vergara, Ricardo Vergara, Ernesto Vergara, Joseph Trapani, Walk USA; Jared Swehosky, Terran Swehosky; Paul Schwartzburg, Varsano's Choc; Leo Romero, Park Walkers; Adrian Jaime; Christopher Diaz; Tim Davidson; and Zach Pollinger, all 10,000 62. Dan Pendergast, Maine RW 9878 63. Aaron Carroll, Maine RW 9450 65. Yaron Cohen, SC RW 9256 Teams: 1. Shore AC 34,483 2. Varsanos Chocolates 34,224 3. Florida AC 32,952 (38 teams total) **Men 40-44**. 1. Alan James 2. John Soucheck 3. Dave McGovern 4. Bill Vayo 5. Steve Renard 6. Edward Fitch 7. Andy Cable, Conn. Walkers 9600 8. Yves Nugent, Pegasus 9494 9. Randy Miller, Essex RC 8312 **Men 45-49**—1. Ray Sharp 2. Dave Talcott 3. Kevin Killingsworth 4. Douglas Johnson 5. Pedro Santoni 6. Doug Ermini 7. Damon Clements 8. Joe Berendt, 10,161 (before his 50th birthday, his distance above was after he turned 50, whence he got faster) 9. Timothy Good 10. Raymond Billig, Walkers Club of LA 9711 11. Mario Lopez Walkers Club of LA 12. S. Desmond Canning, Marin 9416 13. Bruce Leasure, Twin Cities 9273 14. Wayne Baker, Shore AC 9176 15. Robert Crouse, Buckeye Striders 8764 16. Jerry Young, RWCSL 8716 17. Mark Oung, RWCSL 7986 **Men 50-54**—1. Kevin Killingsworth 2. Vince Peters 3. Pat Detloff 4. Rob Frank 5. Mike Counts 6. Bob Head 7. Joe Berendt 8. Bill Reed 9. Tom Quatrocchi, Shore AC 9201 10. Greg Gember, Indiana Walkers 8746 11. Gary Frestone, RW NW 8649 12. Gary Terweller, Pegasus 8573 13. Joseph McKey, Florida AC 7087 **Men 55-59**—1. Max Walker 2. Richard McGuire 3. Shoja Torabian 4. Bob Novak 5. Bob Keating 6. Juan Yanes 7. John Fredericks, Shore AC and. Ray Funkhouser, Shore AC 9953 9. Rick Campbell, Easy Striders 9838 10. Lynn Phillips, Pegasus 9710 11. Bob Harriman, NE Walkers 9600 12. John Gersh, PVTC 9530 13. Marcus Kantz, Shore AC 9521 14. Ron Salvio, Shore AC 9462 15. Don

Knight, Pegasus 9433 16. Jack Cassidy, San Diego 9001 17. Art Glass, Shore AC 8784 18. John Molendyk, Shore AC 8798 19. Tom Marks, Pegasus 8561 20. Jim Farrelly, un. 8211 21. Garland Murphy, Marin 8206 22. Richard Hughes, un. 8150 23. Morris Gelmer, PVTC 8091 (26 finishers) **Men 60-64**—1. Leon Jasionowski 2. Norm Frable 3. James Carmines 4. George Opsahl 5. Gary Null, Natural Living 9723 6. Jack Lach, Shore AC 9712 7. Eduardo Sorrenti, un., 9500 8. John McKahy, Conn. Walkers 9300 9. Viktor Litwinski, PVTC 9,054 10. Marshall Sanders, Pegasus 9040 11. Charles Mansbach, NE Walkers 9695 12. Charles Wilkinosn, NE Walkers 8563 13. Richards Roberts, un., 8400 14. Gary Westerfield, Walk USA 8377 15. Michael Schwed, PVTC 8276 16. Gerard Perez, Napa Valley 7337 **Men 65-69**—1. Paul Johnson 2. James Becket, Marin 9752 3. John Backlund, Racewalkers NW 9685 4. Bob Yyman, Easy Striders 9169 5. John Elwarner, Pegasus 9088 6. Tom Knatt, NE Walkers 9056 7. Ed Lane, Marin 9045 8. Stu Kinney, Golden Gate 9844 9. Ron Walters, Sierra RW 8894 10. Tom Keller, Cincinnati WC 9769 11. Pete Bayer, Florida AC 8598 12. Carl Kane, PVTC 8566 13. Winston Crandall, New Mexico 8471 14. Roger Webb, PVTC 8350 15. Dr. Gus Davis, Conn. Walkers 8064 16. Carl Angevine, Pegasus 8010 17. Lance Tibbles, Buckeye Striders 7649 (20 finishers) **Men 70-74**—1. Jack Bray 2. William May, PHAST 9541 3. Carl Acosta, Walkers Club of LA 9097 4. Ben Ottmer, Shore AC 9076 5. Gerry Gomes, Florida AC 8636 6. Dick Vaughn, Racewalkers NW 8409 7. Arvid Rolle, Easy Striders 8358 8. Tom Cunningham, Florida AC 8329 9. Leon Glazman, Walkers Club of LA 8147 10. Presley Donaldson, un., 8100 11. Bob Davis, Pegasus 7832 12. Tom Fellez, Marin 7707 13. Lee Hoffman, RWCSL 7648 14. Phil Veenhuis, Pegasus 7362 15. Elliott Denman, Shore AC 7145 **Men 75-79**—1. Jack Starr, PHAST 9281 2. Peter Corona, Marin 9071 3. William Moremen, S. Cal. 8949 4. Robert Fine, Florida AC 8643 5. Bill McGann, NE Walkers 8106 6. Edward Gawinski, PHAST 7442 7442 7. Alex Muster, Chicago Walkers 7302 **Men 80-84**—1. Bob Mimm, Shore AC 8046 2. Danny DeMauro, Florida AC 7858 3. John Livinsohn, Marin 7282 4. Massashi Noritake, S. Cal. 7163 5. Dr. Daniel Marzano, Shore AC 6903 **Men 90+**—1. Harry Drazin, Shore AC 5604 **Girls 9 and under**—1. Jocelyn Salinas, Elgin Sharks 7196 Girls 15-19—1. Maria Michta, Walk USA 11,284 2. Tina Peters, Miami Valley; Lauren Richenderfer, un.; Lauren Forgues, Maine RW; Le'erin Voss, un.; Dana Vered, Walk USA; and Jenna Monahan, un. All 10,000 8. Amanda Johnson, RWCSL 9942 9. Helen Pottle, un. 9900 10. Carly Lochala, un. 9500 11. Kara Steele, Conn. Walkers 9100 12. Sara Adams, Maine RW 8677 13. Allison Snochowski, Walk USA 8336 **Women Open**—1. Teresa Vaill, Walk USA 12,600 2. Jolene Moore, NYAC 12, 523 3. Amber Antonia, NYAC 12,271 4. Joanne Dow, Un. 12,000 5. Bobbi Jo Chapman, un. 11,600 6. Maria Michta, Walk USA 11,284 7. Deb Huberty, NYAC 11,100 8. Margaret Ditchburn, un. 11,000 9. Loretta Schuellein, Walk USA 10,669 10. Dorit Attias, Walk USA 10,290 11. Tori Cooper, Chicago Walkers 9911 12. Susan Randall, Miami Valley 8957 13. Marie Woodland, PHAST 8056 14. Helen Storrs, Sierra RW 7224 (16 finishers) Teamss: 1. NYAC 35,894 2. Walk USA 34,553 **Women 40-44**—1. Teresa Vaill 2. Joanne Dow 3. Dorit Attias 4. Susan Mora-Fassell, Pegasus 9844 5. Maria Paul, Shore AC 8809 6. Jeanne Emerick, Florida AC 8176 7. Bernadette McNully, PHAST 8123 8. Dawn Beiges, S. Cal. 7839 **Women 45-49**—1. Steph Lyness, Conn. Walkers 9400 2. Bonnie Houchen, Marin 9168 3. Margaret Blackburn, un. 9164 4. Jami Bosthoven, Marin 8902 5. Natalie deJalais, Marin 8602 6. Pat Swehosky, Racewalkers NW 6533 **Women 50-54**—1. Deb Topham, Pegasus 9984 2. Donna Green, Chicago Walkers 9888 3. Karen Stoyanowski, Sierra RW 8214 4. Nancy Sido, RWCSL 8995 5. Sandra DeNoon, Florida AC 8903 6. Diane Kopschick, Buckeye Striders 8791 7. Janice Watkins, Conn. Walkers 8579 8. Cathy Marfield, Indian Walkers 8447 9. Julia Puzhowski, Pegasus 8249 10. Deanna McLean-Roberts, Shore AC 8182 11. Raz Esposito, S. Cal. 7276 12. Jenny Dean, Inland Empire 6815 (17 finishers) **Women 55-59**—1. Panse Geer, Shore AC 9756 2. Donna



Cunningham, S. Cal. 9652 3. Yoko Eichel, Walkers Club of LA 9651 4. Carol Berlino, Easy Striders 9344 5. Ann Lee, Marin 9186 6. Doris McGuire, Chicago Walkers 8885 7. Cathy VanBrocklin, PVTC 8810 8. K. Leesman-Hughes, un., 8100 9. Lorraine Krawczyk, PVTC 8014 10. Gwendolyn Lewis, Pegasus 7978 11. Sandy Flint, Sierra RW 7953 12. Susan Anderson, Indian Walkers 7853 13. Isabel Keeley, Shore AC 7805 14. Susan Bristow, Racewalkers NW 7604 15. Ann St. Germaine, Shore AC 7323 16. Roberta Hatfield, un. 7300 17. Marion Boyd, Marin 7271 18. Christi Elniff, Marin 7260 (20 finishers) **Women 60-64-1.** Jolene Steigerwalt, S. Cal. 9481 2. Donna Lafayette, Racewalkers NW 9115 3. Kathy Frable, Niagara Walkers 9050 4. Kathleen Balzer, un. 8750 5. Fran Emanuel, Ocean RC 8615 6. Sandra Hults, Central Fla. 8572 7. Martha Fitzpatrick, S. Cal. 8567 8. Marge Garner, Monterrey RW 8513 9. Darlene Backlund, Racewalkers NW 8513 10. Phyllis Abate, Marin 8108 11. Dixie James, Marin 7874 12. Sue Foster, Shore AC 7375 13. Barbara Hensley, Miami Valley 7345 14. Susan Turner, RWCSL 7090 15. Mary Jo Sulli9van, S. Cal. 7058 16. Karen Hemmeter, Marin 6844 **Women 65-69-1.** Louise Walters, Sierra RW 9291 2. Walda Tichy, Pegasus 9027 3. Doris Cassels, Marin 8846 4. Loise Cicker, PVTC 8724 5. Nancky Brinkley, Inland Empire 8031 6. Linda Burnett, Marin 7976 7. Barbara Gordon, Miami Valley 7836 8. Analise Smith, S. Cal. 7828 9. Nancy Hall, Allegheny 6500 (11 finishers) **Women 70-74-1.** Ruth Eberle, RWCSL 8995 2. Shirley Dockstader, Marin 8567 3. Shirley Capps, S. Cal. 8393 4. Patricia McLaron, Marin 7037 5. Pat Willis, Walkers Club of LA 6793 (8 finishers) **Women 75-79-1.** Bonnie Baughn, Silver Striders 7533 2. Patti Kennedy, Inland Empire 7409 3. Grace Moremen, S. Cal. 7130 (4 finishers) **Women 80-84-1.** Miriam Gordon, un. 7819 2. Thelma Rubin, Marin 6335 (4 finishers) **Women 85+-1.** Mary Latham, PVTC 6248

## Other Results

**5 Km, Brookline, Mass., Sept. 10-1.** Emmett Schmarsow 32:06 2. Holly Wenninger 32:44 3. Pat Godfrey 33:22 4. Beth Katcher 33:28 5. Paul Schell 34:29 **Harry Drazin 5.2 Mile Handicap, New Jersey, Sept. 17 (actual times shown)-1.** Donna Cetrulo 57:27 2. Ron Salvio 52:28 3. John Soucheck 43:17 4. Ben Ottmer 56:29 5. Dan Marzano 76:52 6. Deana MacLean 62:04 7. Wayne Baker 55:25 8. Maria Paul 57:43 9. Elliott Denman 66:42 10. Ann St. Germaine 74:47 **Metro 3 Km, New York City, Sept. 24-1.** Leo Romero 14:06 2. Lisa Velluchi 15:21 3. Rasheeda Mohammed 16:41 4. Alexis Davidson (51) 16:51 5. Catherine Davis (15) 16:56 6. David Lee (51) 17:52 7. Bruce Logan (25 finishers, 1 DQ) **5 Km, Orlando, Fla., Aug. 20-1.** James Carmines (63) 28:06 2. Juan Moscoso 29:13 3. Tom Forman (59) 30:53 4. Ray Jenkins 33:06 (11 finishers) **Women-1.** Cheryl Rellinger (40) 31:06 (A ghost from the past returns) 2. Sandra DeNoon (51) 33:52 3. Janice Campbell (51) 34:52 (10 finishers) **1 Hour, Planation, Fla., Sept. 17-1.** Juan Yanes (57) 10,181 meters 2. Gary Null (61) 9653 3. Sandra DeNoon (51) 8797 4. Peter Bayer (68) 8489 5. Gerry Gomes (73) 8398 (8 finishers) **1 Hour, Columbus, Ohio, Sept. 24-1.** Matt Boyles 12,400 meters 2. Susan Randall 10,402 3. Chris Schmid 9604 4. Brad Sinnick 9319 5. Tom Keller 8388 6. Lance Tibbles 7716 7. Barbara Gordin 7282 8. Ruth Phillips 7049 9. Barbara Hensley 6576-2 DQ (Matt Boyles, who is running cross country this fall and doing only occasional morning racewalks of 3 miles or so, had an excellent workout with a steady increase in pace. Warming up as he went, he did the first 400 in just 2:17 and at 1600 meters was at a leisurely 8:46. He then proceeded to tear off 1600 meter splits of 7:57, 7:47, 7:35, 7:27, 7:30, and 7:20, with a 3:35 second 800 on that last one. He kept that pace up for 2 more laps, going 1:47 and 1:48. Then, wanting to make things easy for those measuring the distance, he slowed to a stroll coming around the final turn and stopped on the finish line with about 3 seconds to go, making an even 31 laps, or 12,400 meters. Susan Randall was equally impressive in second,

starting with a 9:32 for the first 1600, and then, like Boyles, gradually stepping up the pace going 9:26, 9:28, 9:18, 9:12, and 8:56 to pass 9600 meters in 55:50, and then a 4:09 for the last 800 meters to slide 2 meters past 26 laps (10,402 meters.) **5 Km, Kalamazoo, Mich., Aug. 25-1.** Dan O'Brien (41) 25:46 2. Leon Jasionowski (61) 26:49 3. Rod Craig (48) 27:55 4. Bill Reed (53) 28:54 5. Jeffrey Heath (45) 29:29 6. Arthur Knight (60) 30:11 7. Lynn Phillips (56) 31:38 8. Marshall Sanders (65) 32:10 9. Dennis Roth (56) 32:38 10. Rick Sack (57) 33:48 (14 finishers, 3 DQ) **Women: 1.** Debbie Topham (53) 29:46 2. Lynette Heinlein (49) 30:50 3. Gloria Foley (50) 31:39 4. Stephanie Konsza (50) 33:16 5. Walda Tichy (65) 34:29 (11 finishers, 1 DQ) **North Region 5 Km, Chicago, Sept. 16-1.** Sam Cohen 23:37 2. Tori Cooper 27:29 3. Lynn Tracy (54) 28:03 4. Donna Green (54) 29:45 5. Stephanie Martinez (14) 32:48 6. Doris McGuire (57) 32:53 (11 finishers) **Men-1.** Klaus Thiedmann (52) 26:06 2. Richard McGuire (58) 26:59 3. Dave Owens (47) 28:46 4. Emilio Mancha (10) 32:16 6. Leonardo Salinas (12) 28:46 (8 finishers) **20 Km, Minneapolis, Sept. 16-1.** Felix Ato-Favies 2:00:04 2. Dave Caubert (60+) 2:23:52 3. Bernie Finch (65+) 2:28:42 **5 Km, Denver-1.** Dan Pierce (50) 28:47 2. Sherrie Gossert 30:25 **5 Km, Loveland, Col., Aug. 18-1.** Dan Pierce 28:27 2. Barbara Amador (57) 30:54 **5 Km, Surora, Col., Aug. 20-1.** Jerry Davis (42) 31:15 **5 Km, Denver, Aug. 27-1.** Mike Blanchard (43) 27:33 2. Daryl Meyrer (63) 31:49 3. Jane Day Lecorw (45) 32:25 4. Darla Yoerg 32:56 **3 Km, Ft. Collins, Col., Sept. 2-1.** Mike Blanchard 15:27 2. Marianne Martino (56) 17:08 3. Barbara Amador 17:46 4. Sherrie Gossert 18:08 5. Darla Young 18:44 (9 finishers) **5 Km, Los Angeles, July 9-1.** Chris Rael (45) 27:54 8 2. Rick Campbell (60) 29:35 7 3. Carl Acosta (70) 33:37 **7 5 Km, Claremont, Cal., July 4-1.** Jesus Cancino 27:43 2. Donna Cunningham 30:45 3. Carl Acosta 32:25 4. Al Cazas 32:37 5. Carol Bertino 32:45 6. Pat Bivona 32:48 (28 finishers) **1 Mile, West Lonn, Ore., Sept. 10-1.** Rob Frank (54) 8:13.87 2. George Opsahl (64) 8:47 3. Ron MacPike (74) 10:29 **2.8 Miles, Seattle, Aug. 12-1.** Bob Novak (57) 24:57 2. Stan Chraminski (58) 24:57 3. Gordon Hartwig (62) 28:15

**Scandinavian Championships, Turku, Fin., Sept. 16:** Men's 20 Km-1. Erik Tysse, Nor. 1:20:56.5 2. Trond Nymark, Nor. 1:27:30.9 3. Anti Kempas, Fin. 1:28:48.9 4. Jani Lehtinen, Fin. 1:29:33.7 5. Bengt Bengtsson, Swed. 1:34:48 6. Timo Viljanen, Fin. 1:37:52 **Men's 22 and under 20 Km-1.** Jarkko Kinnunen, Fin. 1:30:45.7 2. Ato Ibanez, Swed. 1:33:36.8 **Women's 10 Km-1.** Monica Swensson, Seed. 48:35.49 2. Marja Penttinen, Fin. 49:29.67 **Men's Junior (19 and under) 10 Km-1.** Sakari Arffman, Fin. 49:13.83 2. Andreas Nielsen, Den. 50:32.41 **Jr. Women's 5 Km-1.** Karoliina Kaasalainen, Fin. 24:57.80 **Jr. Men's (17 and Under) 5 Km-1.** Perseus Ibanez, Swed. 23:19.11 2. Matias Korpela, Fin. 23:41.67 **Jr. Women's (17) 5 Km-1.** Maija Sippola 26:08.57 **Jr. Men's (15) 3 Km-1.** Anders Hansson, Swed. 14:28.61 **Team Points: 1.** Finland 100 2. Sweden 70 3. Norway 51 4. Denmark 16 **10 Km, Druskininkai, Lithuania, Sept. 4-1.** Tadas Suskevicius 40:25 2. Ingurs Janevics, Latvia 40:47 **Women's 10 Km, same place-1.** Jolanta ukure, Latvia 44:58 2. Sonaata Milusauskaite 45:46 **Jr. (1987-88) 10 Km, same place-1.** Armis Rumbeniekis, Lat. 43:43 2. Ricardas Rekst 44:24 3. Pawel Luniewski, Pol. 44:53 **20 Km, Gdansk, Poland, Aug. 29-1.** Rafalas Augustynas 1:25:03 2. Tadas Suskevicius, Lith. 1:26:25 **Jr. 20 Km, same place-1.** Rafalas Sikora 1:30:39 2. Tautvydas Zekas, Lith. 1:31:56 **Jr. 10 Km, same place-1.** Dawidas Wolskis 43:23 **Jr. Women's 5 Km, same place-1.** Ana Mielcarek 23:53 **Women's 5 Km, Hildesheim, Germany-1.** Kjersti Tysse-Platzer, Norway 19:46 (World Record) 2. Elena Ginko, Belarus 20:24 3. Sabine Zimmer 20:53 4. Silwia Korzeniowska, Pol. 21:25 5. Sonata Milusauskaite, Lith. 21:53 **Men's 10 Km, same place-1.** Erik Tysse, Norway 37:33 1. Ilya Markov, Russia 38:21 3. Andres Tatashka, Belarus 39:41 4. Johann Diniz, France 39:50 5. S. Charnou, Belarus 40:17 **10 Km, Banska Bystrica, Slovakia-1.** Toth 39:45.03 **30 Km, Hobart, Australia, Aug. 27-1.** Nathan Deakes 2:05:06 2. Jared Tallent 2:13:51 3. Chris Erickson 2:15:00 **Women's 10 Km, Hobart, Aug. 27-1.** Natalie Saville 47:13 2. Claire



Woods 47:19 3. Lisa Grant 47:30 4. Megan Szirom 48:33 5. Michelle French 49:19

## Races Far and Near (Depending on Your Locale)

Sun. Oct. 1	1 Hour, Langley, Vir. 9 am (S) Jersey Half-Marathon, Sandy Hook, 9 am (A)
Sat. Oct 7	<b>USATF National 5 Km, Kingsport, Tenn. (K)</b>
Sat. Oct. 14	5, 30, 40, and 50 Km, St. Louis Park Minn. (I)
Sun. Oct 15	North Region and Weinacker Cup (Michigan vs. Ontario) 10 Km, Dearborn, Mich. (W) <b>National Masters 1 Hour, Waltham, Mass. (X)</b> Seaside Half-Marathon, Seaside Heights, N.J., 8:30 am (A) 1 Hour, Langley, Vir., 9 am (S) 10 Km, Seaside, Cal. (J)
Sun. Oct. 22	5 Km, Albuquerque, N.M. (T) 1 Mile, Kentfield, Cal., 8 am (P) 5 Mile, Ocean Twp, N.J., N.J. (A) 20 and 50 Km, Long Island, 9 am (AA) 5 Km, Denver, 9 am (H) 5 Km, Long Beach, Cal., 9 am (Y)
Sat. Oct. 28	5 Km, Denver, 9:30 am (H)
Sun. Oct. 29	5 Km, Denver, 9 am (H)
Sun. Nov. 5	5 Km, Kentfield, Cal. (P) 5 Km, Littleton, Col., 9 am (H) 1 Hour, Pasadena, Cal., 6:45 am (Y)
Sun. Nov. 12	<b>USATF National 20 Km, Clermont, Florida (B)</b> 1 Hour, Kentfield, Cal., 8 am (P) 5 Km, Boulder, Col., 9:30 am (H) Coney Island 10 Mile Handicap, Brooklyn, 9 am (Z)
Sat. Nov. 18	1 Hour, Pharr, Texas, 8 am (O) 5 and 10 Km, St. Louis Park, Minn. (I) 5 Km, Brighton, Col., 8:30 am (H) 5 and 10 Km, Washington, D.C. (S)
Sat. Nov. 18	1 Hour, Red Bank, N.J., 10 am (A)
Sun. Nov. 19	5 Km, Aurora, Col., 9 am (H)
Sat. Nov. 25	1 Hour, Pasadena, Cal., 6:45 am (Y)
Sun. Dec. 10	1 Hour, Red Bank, N.J., 10 am (A) 5 Km, New York City, 8:30 am ((G)
Sun. Nov. 26	5 Km, New York City, 8:30 am (G)
Sun. Dec. 3	5 and 10 Km, Washington, D.C. (S)
Sat. Dec. 16	5 Km, New York City, 9 am (G)
Sun. Dec. 17	1 Mile, Pharr, Texas. 5 pm (O)
Fri. Dec. 29	Polar Bear 10 Mile, Asbury Park, N.J. (A)
Sat. Dec. 30	5 Km, Pharr, Texas, 8 am (O)

### Contacts:

A--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764  
B--Don DeNoon, NTC, 1099 Citrus Tower Boulevard, Clermont, FL 34711  
C--Bev LaVeck, 511 Lost River Road, Mazama, WA 98833  
D--Bob Whitney, 93 Maine Street, Apt. 101, Brunswick, ME 04011t.

E--Sierra Race Walkers, P.O. Box 5221, Fair Oaks, CA 95628  
F--Mike DeWitt, uwpcowh@yahoo.com  
G--Stella Cashman, 320 East 83rd St., New York, NY 10028  
H--Bob Carlson, 2261 Glencoe St., Denver CO 80207  
I--Bruce Leasure 651-330-9355  
J--Art Klein, 324 Alta Vista, Santa Cruz, CA 95060  
K--rbaker@chartertn.net  
L--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387, 937-767-7424  
N--Florida Athletic Club, 3250 Lakeview Blvd., Delray Beach, FL 33445  
O--A.C. Jaime, acjaime@sbcglobal.net  
P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914  
Q--Daniel Koch, 3331 NW 22nd Street, Coconut Creek, FL 33066  
R--Everett Begor 603-744-3335, www.nhmarathon.com  
S--Potomac Valley TC, 3140-D West Springs Drive, Ellicott City, MD 21043  
T--New Mexico Racewalkers, P.O. Box 16102, Albuquerque, NM 87191  
U--Robert Carver, 1002 Catalpa Lane, Orlando, FL 32806  
V--Justin Kuo, 617-731-9888  
W--Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073  
X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)  
Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201  
Z--Lon Wilson, 1020 Grand Concourse Suite 15X, Bronx, NY 10451  
AA--Gary Westerfield, garyw@optonline.nst

## From Heel To Toe

**Neishloss addendum.** In our note last month regarding Lou Neishloss we mentioned the 50 mile swim he developed for people with disabilities. Lous adds that he organized this with the Eastern Paralyzed Veterans of America and the American Red Cross. At least 12 disabled individuals attempted. The goal in the 50 mile swim was to swim 1 mile every day for 50 days. The first person to accomplish the feat was Rosalie Hixson from Cystal Springs, Pa. Lou's wife, Eugenie Neishloss, was the second and Johnny Martin from Chambersburr, Pa. The third. To Lou's knowledge, these three the only disabled persons in the universe to complete this swim. He regrets to report that Rosalie passed away on Feb. 4, 2006 at age 60.

**Back issues.** John Shilling is contemplating retiring from his dental practice and in the process is cleaning out his office and the itmes going include back issues of the Ohio Racewalker. Dating back to 1962, he says, which is interesting, since we started publication in March 1965. But perhaps he has some of Chris McCarthy's newsletters, which preceded the ORW, mixed in there. And, I'm not sure why he collected them in the office. I hope that wasn't the only reading material available to his patients. In any case, John is offering the whole set to any intereste party for the cost of mailing them. If you want to get in on this amazing offer, be the first to write John at 241-68AOak Part Drive, Douglaston, NY 11362. John also suggests that Ron Daniel might be suffering from "old-age nostalgia" when he says how much he likes the Looking Back seciton of the ORW. And, rearding back issues, we have extra copies of most issues, at least for the last 35+ years. Being more mercenary than John, we have an asking price of 50 cents an issue, but, if in a good mood on the day, might offer some discount on a bulk order. **Superthon.** Nothing to do with racewalking really, but as athletes who like to test their endurance, our readers might be interested in a Finnish event

Harry Siitonen has described to me. The Finns have just had their National Championships in this 20=even, two-day trackfest. Tuomo Hippi, 23, won the men's event with 8780 points by completing the 100 meter run, long jump 200 meter hurdles, shotput, 5000 meter run, 800 meter run, high jump, 400 meter run, hammer throw, 3000 meter steeplechase, 100 meter hurdles, discus, 200 meter run, pole vault, 3000 meter run, 400 meter hurdles, javelin, 1500 meter run, triple jump, and 10,000 meter run. There were five male finishers of six starters. There was no female competition, but 18-year-old Anna Karrila wanted to test herself and competed unofficially with the five men, actually finishing fourth. A week earlier, Anna had won the Finnish Junior (under 19) junior 3 Km racewalk, so we actually do have a connection to racewalking here. The official women's Superthon was an 14-event competition won by Anni Korhonen. The events here were 100 m hurdles, high jump, 1500 meter run, 400 meter hurdles, shotput, 200 meter run, 100 meter run, long jump, 400 meter run, javelin, 800 meter run, discus, and 3000 meter run. Four of five enterants finished, and another two finished in the Veterans age group.

## A Little History of the 40 Km National

Ray Sharp's little essay on this year's 40 Km National Championship race inspired me to delve into its history a bit. First contested in 1939 when John Rabkonen of the Finnish-American AC in New York City won in 3:55:57.6, it has been held every year since. Since the early '60s, it has been held in New Jersey in all but a few years under the watchful eye of 1956 Olympian Elliott Denman.

Through most of those years, the race has drawn large fields, but not usually fields deep in elite walkers. Thus this year's race was not an anomaly in terms of the depth in quality, but only in the size of the field.

Spot checking some past races, 1962 was a quality year, when the race was held at Grand Island, N.Y.. John Allen won in 3:30:22, 12 minutes ahead of Ron Laird, and eleven walkers bettered 4 hours, with a total of 25 finishers. Four years later, now in Long Branch, Ron Laird won in 3:31:14, 7 minutes ahead of Ron Kulik as five walkers went under 3:50 and 13 under 4 hours. There were 33 finishers. Over the next several years, the depth of the fields dropped somewhat, but the number of finishers tended to increase. For example, in 1975 Todd Scully won in 3:25:31, with 9 under 4 hours and 41 finishing and in 1977 Tom Knatt won in 3:33:28 with 12 under 4 hours and 38 of 47 starters finishing.

1978 was a little better in terms of depth and then in 1979 the race peaked in quality as Dan O'Connor won in 3:23:10, just over a minute ahead of Vince O'Sullivan. There were 11 walkers under 3:40 and 20 under 4 hours. For the record, here are the results of that race, held in West Long Branch, N.J. on Nov. 4:

1. Dan O'Connor, NYAC 3:23:10 2. Vince O'Sullivan, East Side TC 3:24:22 3. Tom Dooley West Valley TC 3:24:36 4. Wayne Glusker, WVTC 3:28:54 5. Augie Hirt, U. Of Chicago TC 3:31:39 6. Chris Knotts, Springfield Comm. TC 3:33:38 7. Brian Savilonis, Charlottesville TC 3:35:32 8. Bob Falcicola, Shore AC 3:36:50 9. Peter Timmons, NYAC 3:37:48 10. Bob Kitchen, Potomac Valley 3:37:56 11. Alan Price, Pot. Valley 3:38:21 12. Gary Westerfield, Island TC 3:40:29 13. Ray Floriana, Shore AC 3:41:18 15. Bob Maffucci, Island TC 3:43:17 16. Peter Doyle, Island TC 3:43:21 17. Tim McCoy, Manhattan Col. 3:44:24 18. Leonard Jansen, Nittany Valley TC 3:53:07 19. Haward Jacobson, East Side TC 3:55:01 20. Shaul Ladany, Island TC 3:57:05 21. Eric Oja, Island TC 4:00:46 22. George Lattarulo, North Medford Club 4:06:19 23. Paul Robertson, Pot. Valley 4:11:54 24. Andrew Briggs, Pot. Valley 4:15:18 25. Bob Mimm, Shore AC, Shore AC 4:15:19 26. Don Johnson, Shore AC 4:26:27 27. Tony Medeiros, NMC 4:27:26 28. Tim Dyas, North Jersey Masters 4:31:12 29.

Rufus Johnson, Springfield, Mass. 4:33:40 30. Ronald Barber, Stony Point Joggers 31. Bill Hackulich, Shore AC (45 starters) Teams: 1. Potomac Valley 10:57:39 2. Island Track Club 11:07:07 3. Shore AC 11:33:27 (Note that Bob Mimm, hero of Ray's essay, was there, as ever.)

Other good years followed immediately thereafter, and these are the races Ray Sharp remembers from his youth. Ray was second to Dan O'Connor in both 1980 and 1981 as Dan walked 3:24:21 and 3:21:51. Ray followed up with his 1982 victory in 3:27:31. There were quality fields each of those years, with 15, 14, and 16 under 4 hours, respectively. This continued in 1983 when Carl Schueler walked the fastest winning time to that date with 3:14:03 and 15 went under 4 hours as 42 of 69 starters finished.

Since that time, the quality of the race has diminished and through the '90s to the present there have been typically only two to five walkers under 4 hours, so that this year was only following a well-established trend in participation at the event. An exception was 2002 when the real elite showed up—Tim Seaman 3:06:17, Phillip Dunn 3:08:34, Curt Clausen 3:12:23, all bettering Carl Schueler's event record of 3:13:57 from 1985. There were eight under 4 hours in that 2002 race.

## Past Winners National 40 Km

1939 John Rabkonen	3:55:57.6	1969 Ron Laird	3:31:14
1940 John Abbate	2:39:07	1970 Dave Romansky	3:32:20
1941 John Abbate	3:48:33	1971 Larry Young	3:29:18
1942 Walter Fleming	3:46:48.6	1972 Larry Young	3:39:59.4
1943 Walter Fleming	3:25:04	1973 John Knifton	3:29:45.1
1944 John Abbate	3:49:50	1974 Ron Lulik	3:39:01
1945 William Mihalo	3:57:05	1975 Todd Scully	3:25:30.6
1946 William Mihalo	3:58:30	1976 Steve DiBernardo	3:35:26
1947 William Mihalo	4:02:20	1977 Tom Knatt	3:33:28
1948 John Deni	3:42:00	1978 Dan O'Connor	3:31:25
1949 Adolph Weinacker	3:45:00	1979 Dan O'Connor	3:23:10
1950 Adolph Weinacker	3:43:00	1980 Dan O'Connor	3:24:21
1951 Fred Hayward	4:03:10	1981 Dan O'Connor	3:21:51
1952 William Mihalo	3:45:50	1982 Ray Sharp	3:27:31
1953 Ray McGhee	4:32:06	1983 Carl Schueler	3:14:03
1954 John Deni	4:17:10	1984 Carl Schueler	3:13:57
1955 Guillermo Weller	3:40:58	1985 Carl Schueler	3:15:04
1956 Adolph Weinacker	3:38:56	1986 John Slavonic	3:29:01
1957 James Hewson	3:49:25	1987 Nick Bdera	3:27:19
1958 James Hewson	3:49:03	1988 Curt Clausen	3:25:51
1959 Ron Laird	3:53:22.5	1989 Dave McGovern	3:52:34
1960 Ron Laird	3:45:16	1990 Dan O'Connor	3:26:57
1961 Ron Laird	3:48:05	1991 Paul Malek	3:27:15
1962 John Allen	3:30:22	1992 Nick Bdera	3:37:15
1963 Chris McCarthy	3:52:02	1993 Gary Null	3:44:33
1964 Chris McCaethy	3:40:16	1994 Dave McGovern	3:28:03
1965 Paul Schell	4:17:38	1995 Rob Cole	3:28:45
1966 Ron Laird	3:31:14	1996 Warrick Yeager	3:38:19
1967 Tom Dooley	3:30:33.8	1997 Curt Clausen	3:16:41
1968 Dave Romansky	3:33:56	1998 Gary Morgan	3:21:37

1999 Steve Pecinovsky	3:29:15	2003 Curt Clausen	3:25:58
2000 Dave McGovern	3:38:36	2004 Tim Seaman	3:20:191
2001 Philip Dunn	3:24:08	2005 John Nunn	3:18:43
2002 Tim Seaman	3:06:17		

### Billy Perkins, The Model of Fair Walking

(From the book *Race Walking: A Primer of the Sport*, by Hugh W. Innes, Ewart, Seymour, and CO., Ltd., London, c. 1910, pp 29-31.)

Before the advent of Bill Perkins, *Bell's Life* had been for some time protesting against the ridiculous way in which walkers "left the mark". This faulty start and the scramble down the final straight are still the chief trouble of walking judges. Perkins at once made a great impression. He was hailed, just as Sturgess was hailed 20 years later among amateurs, as not only the fastest, but also the fairest of walkers. Both met some criticism later on, the amateur because he was unduly pushed to attempt the sensational, the professional because of certain careless exhibitions at galas, Bank Holiday sports, and so forth. But, if we use true discrimination, we can find in the feats of these two an ideal exposition of "scientific" walking. We shall speak of the amateur later on. Perkins came to the front with a record three-mile walk. That was in 1874 in a match with Joe Stockwell, who has already been mentioned in connection with George Davidson.

If I remember right, Stockwell had previously set up a mile record—6 min 25 sec. On this occasion, Perkins won the match and beat the mile record en route. The times were: One mile—6:23, two miles—13:30; and three miles—20:47.

The two mile time is sometimes given as 13:20, probably a mistake. I cannot remember ever to have seen the intermediated figures for the quarter miles. "Pendragon" late editor of the *Referee* and a weighty authority on pedestrianism, used to speak of the intermediate mile from the quarter to the mile and a quarter as the fastest piece of fair waling he had ever seen. This was walked in 6:46, and from that we can infer that the opening quarter of the race must have taken 1:20 or so, and that the style so far was not above suspicion. The performance is well authenticated, and it met with general acceptance.

### How Perkins Walked Eight Miles an Hour

Subsequently, Perkins had three shots at walking eight miles in the hour. Once he failed, once he forfeited; finally he succeeded. His performance—four miles in 28:59, eight miles in 59:05—is probably about as good as anything that has ever been done since. Where these figures have been decisively eclipsed, it is often certain and always probable that the judging has been lax. I am not referring to any professional performance that beats these and intermediate figures by a moderate margin, but only to certain sensational reductions by whole minutes or more. Nor, again, do I cast doubt on amateur performances that are approximately equal to this of Bill Perkin's, e.g., Webster's seven in 52:34 in 1879, Harry Curtis's 57:26 in 1890, Stugess's eight miles in 58:56 in 1895, or Lerner's Olympic win, ten miles in 1:15:57 in 1908. I am referring to feats much more startling than any of them. Frankly, I don't believe in them. I saw them both.

### Perkins and Bill Howes

Finally, Perkins made a clean sweep of all the figures from 9 miles to 22 in his three-hour match with Billy Howes in 1877. These can best be given and remembered in round figures.

Perkins took the lead at the start and both he and Howes covered four miles in the half hour. Here, Perkins led by 20 sec. In the hour Perkins walked 110 yards less than 8 miles. Howes was 1 minute behind. At 15 miles, Howes was 2 minutes and a half in arrears. The times were 1:56:13 for Perkins and 1:58:47 for Howes and the leader was within 50 yards of 15 ½ miles. I give the figures for the fifteenth mile exactly because I shall have to refer to this record further on. From this point, Howes hunted Perkins home as Perkins did 22 miles 218 yards in 3 hours and Howes 22 miles 20 yards.

### The Dope of 30 Years Ago

This is the one and only occasion on which 22 miles has been walked in 3 hours by two men in the same race. The variation of speed as the hours go by is somewhat astonishing. The winner went off at sprinting speed, and just lasted home. Everybody nowadays speaks of champagne as the final "dope" for the finish of a big race. Perkins was doused with cold water externally and pulled round in the final stage by a dose of port wine.

### LOOKING BACK

**40 Years Ago** (From the September 1966 ORW)—Ron Liard won the National 25 Km title in 2:06:15 in Seattle. On a very hot day, Tom Dooley was nearly 12 minutes back in second. . . In the European Championships, East Germany's Dieter Lidner walked 20 Km in 1:29:25 to beat Soviet aces Vladimir Golubnichiy and Nikolai Smaga. Italy's Abdon Pamich won the 50 in 4:18:32 over another Soviet pair—Gennadia Agapov and Tscherina. . . Alex Oakley captured the Canadian 50 in 4:44:52, 12 minutes ahead of Israel's (and at that time the U.S.'s) Shaul Ladany. . . Another Canadian, Felix Cappella, won the annual Mackinac Bridge 4 ½ mile race in Michigan in 34:35..

**35 Years Ago** (From the September 1971 ORW)—The headline said that Young, Laird, Ladany Dominate. Larry Young won the National 30 Km in Seattle and bettered the American record for 100 miles in Columbia, Missouri. In the 30, he pulled clear of Ron Laird in the final 10 km to win in 2:25:40. Laird had 2:28:10, ahead of Bill Ranney, Goetz Klopfer, Bob Bowman, and Steve Tyrer. The 100-miler was held on a 200-meter indoor track because of monsoon-like weather that had flooded the outdoor oval. Larry took it easy for 96 miles, and then accelerated to finish in 18:07:12 with final miles of 9:40, 9:21, 7:50, and 7:50! . . . Laird took the National 25 Km on Long Island in 2:01:49 after a good tussle with John Knifton (2:03:54), Bob Kitchen (2:04:13), Canadian Marcel Jobin (2:05:38), Gary Westerfield (2:06:36), and Ron Kulik (2:07:38). . . Ladany prevailed in the prestigious London-to-Brighton 52 miler in 7:57:17 (37 ½ minutes ahead of second) just a few weeks after he had won the Hastings-to-Brighton 38 miler in 5:33:36. . . In a 10 mile race in Continental, Ohio, Jack Blackburn edged Jack Mortland 1:21:01 to 1:21:09, with Phil McDonald better than a minute back in third. Phil got his revenge a week later as he wiped out both Jacks while finishing 10th in the National 25.



**30 Years Ago** (From the September 1976 ORW)—The National 30 Km, held in Des Moines, Iowa, went to Larry Young in 2:27:26. Floyd Godwin stayed close most of the way, but finished better than 3 minutes back. Augie Hirt was a distant third, followed by the aging Ron Laird. . .Hirt took the National 100 Miler in Columbia, Mo. in 19:55:16, with Chuck Hunter finishing the race for the fourth straight year only 10:34 behind. There were seven finishers, with our own Jack Blackburn joining Hirt as a first-time Cenutrition. Jack was fourth in 21:57:11. . .The World 50 Km Championship, held because the 50 was dropped from the Montreal Olympics, went to Soviet walker Veniamin Soldatenko in 3:54:50. He was followed by Enrique Vera, Mexico, in 3:58:34 and Reima Salonen, Finland, in 3:58:53. Two-time Olympic Bronze medalist Larry Young was the first U.S. competitor in 21st with 4:16:47, as he needed more than 58 minutes for the final 10 km, dropping eight places. Augie Hirt had 4:28:35 in 27th. . .Steve Pecinovsky just beat Martin Kraft for the National B 15 Km title at Mackinac Island, Mich., as both walkers were given a time of 1:12:12. In the bridge walk the next day, Ron Laird won in 34:07, with Pecinovsky and Bill Walker tying for second about 2 minutes back.

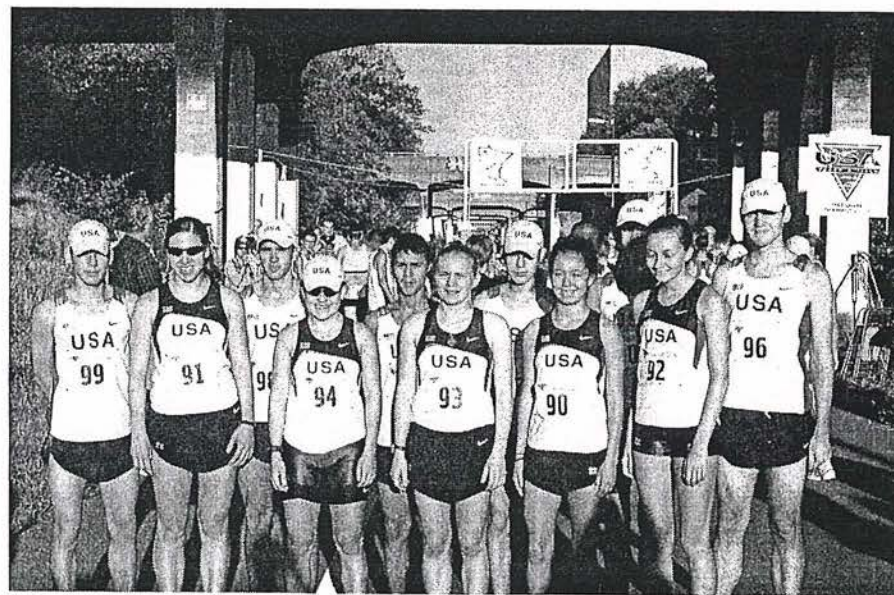
**25 Years Ago** (From the September 1981 ORW)—Todd Scully beat Canada's Glenn Sweazey to win the National 25 Km in Lewiston, Maine. Todd had 2:02:02, better than a minute-and-a-half ahead of his Canadian rival. Alan Price passed a fading Randy Mimm to take third. Jack Boitano won the Master's title in 2:13:55. . .Uwe Dunkel was an upset winner of the East German 50, beating Hartwig Gauder 3:45:52 to 3:46:57. Dietmar Meisch and Ronal Weigel were also under 3:50. In the 20, Ralf Kowalsky zipped through in 1:21:39 to beat Roland Weisser, who had 1:22:12.

**20 Years Ago** (From the September 1986 ORW) —Tim Lewis had an American best 1:23:35 to win the Rockport Series 20 Km in Seattle. Carl Schueler was just over 2 minutes back in second with Ray Sharp another 2 minutes behind and Paul Wick also under 1:30 in fourth. Teresa Vaill (49:30) won the 10 Km over Debbi Lawrence at the same site. . .Hartwig Gauder won the European 50 in 3:40:55, a minute ahead of Vyacheslav Ivanenko, USSR.

**15 Years Ago** (From the September 1991 ORW)—The World Championship 50 Km went to Aleksandr Potashov over countryman Andrie Perlov. The two USSR athletes strode across the line together in 3:50:09, but the judges gave Potashov the nod. Hartwig Gauder was third in 3:55:14. For the U.S., Carl Schueler had the first DNF of a long, distinguished career. . .The National 40 went to Paul Malek in 3:32:40, 21 minutes ahead of Nick Bdera, with Bob Keating another 2 minutes back. . .An up and coming walker, Poland's Robert Korzeniowski, won the World University Games 20 Km in 1:24:37. Dave McGovern was 10th for the U.S. in 1:29:27. The women's 10 went to Finland's Sari Essayah in 44:04 with Lynn Weik fifth in 45:56. . .Jonathan Matthews won a 20 Km in Oakland, Cal. in 1:28:58. . .Ilya Markov won the European Junior 10 Km in 41:11.22. . .Richard Brown covered 100 miles in 17:57:47 in England.

**10 Years Ago** (From the September 1996 ORW)—National 5 Km titles went to Tim Seaman in 19:59 and Debbi Lawrence in 21:15. Following Seaman in the Willkes-Barre, Pa. Race were Dave McGovern (20:17), Gary Morgan (20:23), Curt Clausen (20:54), and Al Heppner (20:59). Michelle Rohl (21:54 and Victoria Herazo (22:30) followed Lawrence. . .The National 40 went to Warrick Yeager in 3:38:19 with Curt Sheller taking second in 3:59:57. . .World Junior titles went to Spain's Francisco Fernandez in 40:38.25 and Russia's Irina Stankina in 21:38.85 (10 and 5 Km, respectively).

**5 Years Ago** (From the September 2001 ORW)—Russia's Olympiada Ivanova bettered the World record for 20 Km as she won the Goodwill Games on a Brisbane, Australia track with a sparkling 1:26:52.3. Yelena Nikoleava was nearly a minute back in second. Jill Zenner was sixth for the U.S. in 1:43:33. In the men's race, Austra's Nathan Deakes edged Poland's Robert Korzeniowski with his 1:19:48.10. Korz had 1:19:51. Russia's Roman Rassakov was a distant third in 1:21:09. Curt Clausen finished eighth in 1:19:04. . .However, Clausen won the U.S. 5 Km title in Kingsport, Tenn., reaching the finish in 20:44, some 15 seconds ahead of Al Heppner. Victoria Herazo won the women's title in 24:47. . .The National 40 went to Philip Dunn in 3:24:08, more than 23 minutes ahead of John Soucheck in second. Cheryl Rellinger did 4:26:31 to win the women's title. . .World University Games titles went to China's Hongmiao Gao in 42:20 (10 Km) and Italy's Lorenzo Civallo (20 Km) in 1:24:42. Sean Albert was 17th in the 20 in 1:32:11



**The U.S. Junior Team that competed against Canada in Minneapolis in August** (See August ORW for results). Women (From left)—LeeErin Voss, Lauren Forgues, Tina Peters, Susan Muraida, and Jenna Monahan. Men (From left)—Ricardo (or Roberto Vergara—(Vince Peters gave me the photo and wasn't sure which was which between the Vergara twins and didn't know which had been No. 99), Michael Kazmierczak, Abraham Villareal, (Roberto (or Ricardo) Vergara, Jared Swehosky, and Michael Boucher.